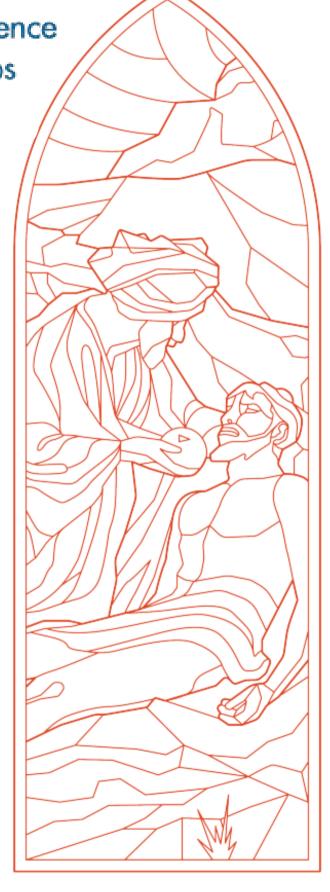


MODULE 4

Supporting and integrating within the wider community





What to Expect

This module focuses on the community's role in supporting ill and dying patients and their caregivers.

The third video reminds us that everyone has a role to play in caregiving, serious illness, dying, and grief, and we are asked, 'What role will you play?'

Scripture Reference:

Luke 10:30-37

- 1. The Samaritan knew where to find resources to assist the man who had been beaten. Where would you go to find resources to help your neighbour?
- 2. Who is your neighbour? How can you show them mercy even in times of disagreement and conflict?
- 3. What kind of care are we called to give our neighbour?
- 4. How does your community (parish, neighbourhood, local schools, etc.) reach out to care for its neighbours, especially those who are sick and dying? Share some examples.

Video 1: Theological and ethical reflection on supporting and integrating loved ones within the wider community

https://www.youtube.com/watch?v=hlzMMw86jx0

- 1. How would you describe what it means to be a member of the Body of Christ?
- 2. As an active part of the Body of Christ, how can you concretely help when there are people who require assistance? (ex. Gifts, charisms, expertise, time)
- 3. What are some ways, big or small, that your parish community already reaches out to the sick and dying?
- 4. How can you work with others in your parish community to reach out in new ways to support the sick and dying?

Video 2: Medical perspective on supporting and integrating loved ones within the wider community

https://www.youtube.com/watch?v=c0qO6PFwJcY

- 1. How can journeying with someone who is dying bring joy and fulfillment to both that person and you?
- 2. How can you support those who are experiencing grief after the death of a loved one? What resources might you seek to assist you and the bereaved through their grief?
- 3. How can you become a champion for palliative care in your local community, parish and family?

Video 3: Community perspective on supporting and integrating loved ones within the wider community

https://www.youtube.com/watch?v=-BdQO-FNgKk

- 1. Reflect on how the dying process has changed during your lifetime. Was there a time when the community was more involved?
- 2. Review the tool called *Planning Guide for a Home Death* (See Appendix 8). If you have previously supported someone's wish to die at home, what areas from this guide do you think would have been helpful information to have?
- 3. Do you feel your community is supportive of caregivers, those who are seriously ill or dying and those who are grieving? Are there areas where you think your community can improve?
- 4. If so, share some examples with the group.
- 5. Do you feel you have a role to play in supporting those who are caregiving, those who are dealing with serious illness or death and those who are grieving?
- 6. If so, what supportive role do you feel you can play?