



DONATE A HAMPER

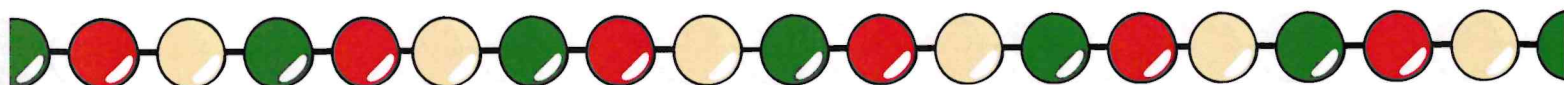
To donate a Christmas Hamper, please contact the St. George's Christmas Hamper Co-Ordinator Linda Murphy, who will answer any questions you may have and will match you up with a family in need.

Linda will ask you the following questions when you are ready to proceed:

- Your name
- Best phone number to reach you at
- Best email to reach you at
- What size of family you would like to sponsor
- Are you able to deliver your hamper directly to your family in need?

Linda can be reached at the following email address:

murphy linda@rogers.com





Contents of a St. George's Christmas Hamper:

- A couple of gifts for each child ≤ 17
- A gift card and small gift for children 13 – 17
- For parents, children 18+, a token gift
- A food hamper which consists of:

Below is a suggested list of items for the grocery hampers. Any and all donations are gratefully appreciated!

Breakfast

- ☐ Cereal ☐ Pancake mix and syrup ☐ Peanut Butter
- ☐ Jam ☐ Coffee and tea ☐ Hot chocolate

Lunch & Dinner

- ☐ Kraft Dinner ☐ Rice ☐ Canned Fruit
- ☐ Pasta & Sauce ☐ Canned soup(s) ☐ Canned tuna/Salmon
- ☐ Canned Vegetables and/or bag of carrots/potatoes ☐ Stew/brown beans

Special Items

- ☐ Cookies ☐ Chocolates ☐ Candy ☐ Box of mandarin oranges
- ☐ Popcorn/chips ☐ Xmas napkins

-A grocery gift card \$100 for a family up to 4, \$150 for a family of 5 +

Note: A detailed family wish list, gift card preferences and any food allergies will be provided to the sponsoring family/group by the early November, approximately 4-6 weeks prior to the Christmas hamper delivery. Other information such as the family's contact information, timing of the hamper delivery, etc. will also be provided to the sponsor.

